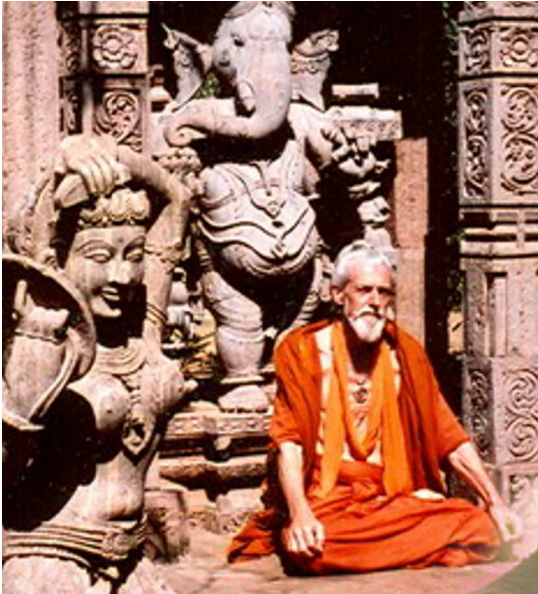


# Muz Murray Winter Retreat in India

15<sup>th</sup> January - 5<sup>th</sup> February 2010

(approximate dates, depending on flight schedules available)

**Deeply Discover Your-Self and India with Muz Murray (Ramana Baba) during 3 wonderful weeks of MANTRICAL MYSTERY TOUR and ASHRAM PILGRIMAGE in southern India.**



Our flexible itinerary may include four days acclimatising to India at a secluded and attractive Ashram by the sea, south of Chennai (Madras); with daily chanting and Satsang sessions with Ramana Baba. followed by a cross-country train journey to one of the best-quality Ashrams in India — Arsha Vidya Gurukulam, an Advaita Vedanta Ashram near Coimbatore, headed by the sage Swami Dayananda, in the peace of the surrounding hilly wild-elephant country. We will also spend at least week or more at Tiruvannamalai, the abode of the late Bhagavan Ramana Maharshi, where we will climb the holy mountain, Arunachala, up to Skandashram, and chant in the powerful energy of Virupaksha Cave where Bhagavan lived for 16 years. We will visit the impressive Arunachaleswara Temple, and the Samadhi Temple Hall of Ramana Maharshi, where we have permission to hold our own chanting sessions in that sacred space.

**Cost: £995.** All Teachings, Travels, Hotel and Ashram

Accommodation in India are included in the price, as well as all meals at the Ashrams. Meals on the road are not included, but the cost is negligible, costing from 25p per meal up to three pounds (if you really want to be extravagant)! Air fare is extra at around £460.

*If you are really interested — do not wait!! In order for Muz to reserve accommodation in hotels and ashrams (during this period when places are at a premium) it is necessary to know how many will be with us as soon as possible. And as we have only 16 places available, we can only accept those quickest off the mark.*

*Therefore the first to forward a £295 advance cheque made out to INNER GARDEN will secure a place. (Please include your phone number so that we can inform you if you are on the tour or not. Late-coming cheques will be returned when we are fully booked).*

**Please Note:** This opportunity is only open to those who have studied with Muz at least once before. (Those attending a workshop on this year's 2009 UK Summer Tour will also be eligible).

**email The Seeker's India Tours at: [swaha108@gmail.com](mailto:swaha108@gmail.com)**

**Visit Muz's Website for more Tour and Workshop details:  
[www.mantra-yoga.com](http://www.mantra-yoga.com)**